

Buffalo Wild Wings Lunch Menu with Prices and Calories PDF [2025 Updated Guide]

Buffalo Wild Wings has become a go-to destination for flavorful lunch options that satisfy both your hunger and your taste buds. Whether you're in the mood for wings, burgers, or lighter bites, their lunch menu offers a wide variety of choices at wallet-friendly prices. From protein-packed options to indulgent favorites, each item comes with clear calorie information to help you stay informed. For a full breakdown of all menu items, prices, and nutritional details, check out the [complete Buffalo Wild Wings lunch menu PDF](#).

Wings & Sauces

Item	Size	Price (USD)	Calories	Description
Traditional Wings	6 pcs	\$8.99	430 kcal	Bone-in wings with choice of sauce or dry rub
Traditional Wings	12 pcs	\$14.99	860 kcal	Bone-in wings with choice of sauce or dry rub
Boneless Wings	6 pcs	\$8.99	370 kcal	Boneless wings with choice of sauce or dry rub
Boneless Wings	12 pcs	\$14.99	740 kcal	Boneless wings with choice of sauce or dry rub
Garlic Parmesan Wings	6 pcs	\$9.49	560 kcal	Wings tossed in savory garlic parmesan sauce
Honey BBQ Wings	6 pcs	\$9.49	500 kcal	Wings tossed in sweet and smoky BBQ sauce
Asian Zing Wings	6 pcs	\$9.49	480 kcal	Wings tossed in sweet, spicy, and tangy sauce
Spicy Garlic Wings	6 pcs	\$9.49	550 kcal	Wings tossed in garlic-infused spicy sauce

Item	Size	Price (USD)	Calories	Description
Lemon Pepper Wings	6 pcs	\$9.49	510 kcal	Wings tossed in zesty lemon pepper seasoning
Caribbean Jerk Wings	6 pcs	\$9.99	620 kcal	Wings tossed in spicy, citrusy jerk-style sauce
Teriyaki Wings	6 pcs	\$9.49	460 kcal	Wings tossed in sweet and savory teriyaki sauce
Wings & Rings Combo	-	\$13.99	950 kcal	Combination of traditional wings and onion rings

Tenders & Nuggets

Item	Size	Price (USD)	Calories	Description
Chicken Tenders	4 pcs	\$8.99	550 kcal	Crispy chicken tenders with choice of sauce
Chicken Tenders	6 pcs	\$10.49	820 kcal	Crispy chicken tenders with choice of sauce
Naked Tenders	4 pcs	\$8.49	480 kcal	Grilled chicken tenders with choice of sauce
Naked Tenders	6 pcs	\$9.99	720 kcal	Grilled chicken tenders with choice of sauce
Popcorn Shrimp	-	\$9.99	600 kcal	Crispy popcorn shrimp with cocktail sauce
Chicken Tenders & Shrimp Combo	-	\$13.99	1100 kcal	Combination of tenders and shrimp

Burgers & Sandwiches

Item	Price (USD)	Calories	Description
All-American Cheeseburger	\$10.99	850 kcal	Double patty with American cheese, lettuce, tomato, pickles
BBQ Bacon Ranch Burger	\$12.99	950 kcal	Burger with bacon, cheddar, ranch, and BBQ sauce
Southwest Black Bean Burger	\$9.99	700 kcal	Black bean patty with lettuce, tomato, and avocado
Southern Chicken Sandwich	\$9.99	820 kcal	Crispy chicken with pickles and mayo on a toasted bun
Buffalo Ranch Chicken Sandwich	\$10.49	880 kcal	Crispy chicken with buffalo sauce and ranch dressing

Wraps & Tacos

Item	Price (USD)	Calories	Description
Buffalo Ranch Chicken Wrap	\$8.49	630 kcal	Crispy chicken with buffalo sauce and ranch in a wrap
Street Tacos	\$9.99	700 kcal	Three tacos with choice of protein and fresh toppings
Chicken Buffalito	\$6.99	600 kcal	Grilled chicken with lettuce, tomato, and cheese in a wrap

Lunch Combos

Item	Price (USD)	Calories	Description
Traditional Wings Lunch Combo	\$8.99 – \$10.99	430 kcal	6 traditional wings with fries and a medium drink
Boneless Wings Lunch Combo	\$9.49 – \$11.49	360 kcal	6 boneless wings with fries and a medium drink
Buffalo Ranch Chicken Wrap Combo	\$8.49 – \$10.49	630 kcal	Wrap with fries and a medium drink
All-American Cheeseburger Combo	\$10.99 – \$12.99	850 kcal	Cheeseburger with fries and a medium drink
Southern Chicken Sandwich Combo	\$9.99 – \$11.99	820 kcal	Chicken sandwich with fries and a medium drink
BLT Sandwich Combo	\$8.99 – \$10.99	750 kcal	BLT sandwich with fries and a medium drink

Item	Price (USD)	Calories	Description
Bacon Patty Melt Combo	\$10.99 – \$12.99	900 kcal	Patty melt with fries and a medium drink

Dips & Extras

Item	Price (USD)	Calories	Description
Ranch Dressing	\$0.60	160 kcal	Creamy ranch dressing
Bleu Cheese Dressing	\$0.60	170 kcal	Tangy bleu cheese dressing
Southwest Ranch	\$0.60	150 kcal	Spicy southwest ranch dressing
Honey Mustard	\$0.60	140 kcal	Sweet and tangy honey mustard sauce
BBQ Sauce	\$0.60	120 kcal	Classic barbecue sauce

Sides

Item	Size	Price (USD)	Calories	Description
French Fries	Regular	\$3.79	230 kcal	Crispy natural-cut fries
French Fries	Basket	\$4.49	460 kcal	Larger portion of crispy fries
Onion Rings	Regular	\$6.29	300 kcal	Crispy battered onion rings
Onion Rings	Basket	\$7.99	600 kcal	Larger portion of onion rings
Mac & Cheese	-	\$3.29	380 kcal	Creamy macaroni and cheese
Coleslaw	-	\$0.99	170 kcal	Classic coleslaw with

Item	Size	Price (USD)	Calories	Description
Potato Wedges	Regular	\$4.29	310 kcal	creamy dressing Seasoned potato wedges
Potato Wedges	Basket	\$4.99	620 kcal	Larger portion of seasoned potato wedges

Appetizers

Item	Price (USD)	Calories	Description
Mozzarella Sticks	\$7.29	600 kcal	Fried mozzarella sticks with marinara sauce
Fried Pickles	\$6.49	530 kcal	Crispy fried pickle slices with ranch dressing
Spinach Artichoke Dip	\$7.49	900 kcal	Creamy dip served with tortilla chips
Chili Con Queso Dip	\$7.29	850 kcal	Spicy cheese dip with tortilla chips
Ultimate Nachos	\$9.49	1660 kcal	Tortilla chips loaded with beef and toppings
Tablegating Sampler	\$13.49	1240 kcal	Assortment of popular appetizers
The Sampler	\$13.99	1560 kcal	Combination of wings, tenders, and sides

Greens & Bowls

Item	Price (USD)	Calories	Description
Asian Chicken Salad	\$10.99	720 kcal	Salad with grilled chicken and Asian-inspired dressing
Chicken Caesar Salad	\$9.29	650 kcal	Classic Caesar salad with grilled chicken
Chicken Chop Salad	\$11.49	700 kcal	Chopped salad with grilled chicken and veggies

Item	Price (USD)	Calories	Description
Grilled Blackened Chicken Salad	\$9.99	680 kcal	Salad with blackened grilled chicken
Mediterranean Salad	\$10.29	600 kcal	Salad with Mediterranean toppings
Mediterranean Salad with Chicken	\$11.49	750 kcal	Mediterranean salad topped with grilled chicken

Desserts

Item	Price (USD)	Calories	Description
Chocolate Fudge Cake	\$5.99	530 cal	Rich, layered chocolate cake with fudge icing
Cheesecake Bites	\$4.79	410 cal	Bite-sized cheesecake pieces with caramel drizzle
Loaded Ice Cream	\$3.99	350 cal	Vanilla ice cream topped with chocolate, caramel & candy

Drinks & Shakes

Item	Price (USD)	Calories	Description
Fountain Drinks	\$2.99	0–250 cal	Pepsi, Diet Pepsi, Mountain Dew, Sierra Mist, etc.
Flavored Lemonades	\$3.49	180–220 cal	Blueberry, Strawberry, and Classic
Fresh Brewed Iced Tea	\$2.99	0–100 cal	Sweetened or unsweetened
Bottled Water	\$1.99	0 cal	Purified bottled water
Chocolate Milk	\$2.49	150 cal	Creamy, kid-friendly chocolate milk
Hand-spun Milkshakes	\$4.99	500–750 cal	Chocolate, Vanilla, or Strawberry milkshakes

Conclusion

With its bold flavors, calorie-conscious options, and affordable prices, the Buffalo Wild Wings lunch menu caters to both casual diners and sports enthusiasts alike. Whether you're enjoying a midday break or planning a team lunch, there's something for everyone. Don't miss out on the updated menu, exclusive specials, and detailed pricing—explore the [full Buffalo Wild Wings menu with prices and calories](#) to plan your next lunch visit with confidence.